

Calm Cocktail™ 12 pk. (4 oz. bottles)

Code: 6002

Most adults need 7-9 hours of sleep per night, but according to a recent study most adults average six hours or less. In fact, its estimated that people spend over 35 billion dollars a year just trying to sleep better.

Calm Cocktail™ is a specially formulated product to help you rest, relax and unwind.



PRODUCT INFORMATION

Calm Cocktail™ combines specialty ingredients such as melatonin, L-theanine, chamomile flower, and more to create our proprietary relaxation blend. These ingredients have a synergistic effect promoting ultimate relaxation and sleep.

Melatonin is a naturally occurring compound that has been known to support relaxation and good sleep.

**A study from the Agency for Healthcare Research and Quality stated that Melatonin decreased sleep onset latency in people with a primary sleep disorder.*

L-Theanine is an amino acid found mostly in tea. Green tea's calming effect, even in the presence, of caffeine can be linked to the action of L-theanine.

Chamomile is a common name for several daisy-like plants. These plants are best known for their ability to be made into a tea which is commonly used to help with sleep.

Hops have been known to be used in herbal medicines as a treatment for anxiety and restlessness. Hops may be used alone, but more frequently it is combined with other herbs.

Drink Calm Cocktail™ when you need to rest, relax and unwind. For best results, drink entire bottle. Tastes best chilled. Shake well before using. Refrigerate after opening

WARNING

For adult use only. Due to the relaxing effect of the product, do not attempt to drive or operate heavy machinery after drinking. Drinking more than 1 bottle in a 24 hour period is not recommended. Always consult your health care professional before taking any dietary supplement. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, prevent, treat, or cure any disease.

Supplement Facts

Serving Size: 4 fl. oz. 118 mL
Serving per container: 1

	Amount per serving	%DV
Calories	20	*
Total Carbohydrates	4g	1%*
Sugars	3g	†
Thiamin (as thiamin HCl)	2mg	133%
Riboflavin (as riboflavin-5-phosphate)	2mg	118%
Vitamin B6 (as pyridoxine HCl)	60mg	3,000%
Niacin (as niacinamide)	10mg	50%
Folate (as folic acid)	400mcg	100%
Sodium	40mg	2%
Potassium	60mg	2%
Proprietary Blend:	6,736mg	†
Apple concentrate, inositol, L-theanine, chamomile flower, melatonin, hops strobile extract		

† Daily value not established.

* Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Purified water, glycerin, artificial flavor, potassium sorbate, sodium hexametaphosphate, stevia leaf extract, citric acid, sodium benzoate, and emerald green color.